



health
alert
series

COVID-19

c o r o n a v i r u s

Keep yourself & others from getting sick

WASH YOUR HANDS

- Wash your hands often
- Use ample soap
- Scrub at least 20 seconds
- Get entire hand area
- Rinse with water
- Dry with single-use towel
- Use the same towel to turn off faucet



updated: 3.9.2020
sources: CDC.gov & WHO.it

For the latest on COVID-19 please visit:
www.CDC.gov